

SOUTHEAST COLLEGIATE PREP ACADEMY
2019 MEN & WOMEN CROSS-COUNTRY SCHEDULE

MONDAY, AUGUST 26-----FIRST PRACTICE

MEET 1---WEDNESDAY, SEPTEMBER 11---4:00 PM---@ [NORTHAMPTON COUNTY](#)

MEET 2---WEDNESDAY, SEPTEMBER 18---4:00 PM---@ [WILSON PREP](#)

MEET 3---WEDNESDAY, SEPTEMBER 25---4:00 PM---@ [KIPP PRIDE](#)

MEET 4---WEDNESDAY, OCTOBER 2-----4:00 PM---@ [ROCKY MOUNT PREP](#)

MEET 5---WEDNESDAY, OCTOBER 9-----4:00 PM---@ [NORTHAMPTON COUNTY](#)

MEET 6---WEDNESDAY, OCTOBER 16-----4:00 PM---@ [WILSONPREP](#)

CONFERENCE CHAMPIONSHIP MEET
WEDNESDAY, OCTOBER 23, 2019
4:00 PM---@ [NORTHAMPTON COUNTY](#)

1A REGIONAL MEET
SATURDAY, NOVEMBER 2, 2019
@ [TBA](#)

1A STATE MEET
SATURDAY, NOVEMBER 9, 2019
@ [KERNERSVILLE](#)
MEN START @ 10:30 PM & WOMEN START @ 11:30